

Elementary Counseling Tiers of Intervention

Tier I:

- **Classroom Guidance Lessons:** delivered school-wide
 - Safety Lessons presented by School Resource Officer
 - Health presentations by student nurses
 - Character lessons delivered for entire grade level
- **Teaching Behavior Expectations** school-wide behavior expectation lessons delivered by grade level.
- **Resource Sheets:** generated for the district for commonly occurring mental health issues.
- **Developing School-wide Policies or Procedures** for providing interventions and creating student specific plans (SAT,RTI,Title I)
- **Consulting with Teachers on Preventative Classroom Management**

Tier II:

- **Incentive Plans:** Providing support and development of an incentive plan or check in program for students who need extra attention in the classroom. (Plans are “generic”, as in they may work with any number of student without modification) Counselor will develop the plan and materials with the classroom teacher. Teacher provides the actual intervention to students.
- **Small Group Counseling Experience:** Small groups for social skills, anger or aggression, transitions (homeless, new families, etc.) Small groups are based on a curriculum and does not need to be modified to meet the needs of the individual child.

Tier III:

- **Behavior Intervention Plan:** Classroom observations, conversations and interviews with staff and parents and a review of CA-60, as well as log entries and any other relevant records inform this individualized plan. Plans/Data are reviewed bi-weekly, formally reviewed every 3 months.
- **Specific referrals:** Counselor will provide resource and professional referrals based on the needs of the student and/or their family.
- **Advocacy for the student:** (Medical advocacy, familial advocacy, advocacy in the classroom, any instance where a child needs to have someone spending time specifically on them and their needs.)
- **One-on-One intervention:** Most intensive interventions, and the most time-consuming. One-on-One may be for crisis counseling, supportive or transitional counseling (when a child has temporarily lost their counselor, or is transferring services) One-on-one can be for students who need an individualized social skills training or a specific approach, or who may not be candidates for a group due to aggression or other factors.
- **Parental Liaison:** Counselor acts as a liaison to the parent, when student behavior has become unmanageable, or when school issues are not able to be effectively addressed due to issues at home.

- **Individualized Education:** For parents, staff, students, etc. When a specific health or behavior disorder is diagnosed and a school support system is needed.